



JSS Ayurveda Medical College & Hospital, Mysuru
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JSS AYUR BULLETIN

Monthly Newsletter

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Sanskritotsava



Sanskritotsava was held on 17th October by JSS Mahavidyapeetha at

JSS Women's College. Dr Shruti Hariharan Aiyer actively participated in it. 1st BAMS students exhibited posters on Science in Sanskrit. They also

presented a stage drama in Sanskrit "Nari Shakti" based on Mahabharata. Ms Sapna Kagale got Pratibha Puraskara in it for acquiring highest marks in final year BAMS in 2025 exams.

Patron

- Sri. R. Mahesh

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- Dr. Rajesh A Udupudi
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- Dr. Shalini .S
- Dr. Greeshma Menon



Ms. Ananya N S and Ms. Sushmita got prizes in the Article writing organized by Smt. Jayalakshmi SampathKumar, Sudharma Dina Patrika on Completion of 56 years of Sudharma Dina Patrika on 05-10-2026

Report on World Food Day - 2025

JSS MAHAVIDYAPEETHA
JSS AYURVEDA MEDICAL COLLEGE AND HOSPITAL, MYSURU
GUEST LECTURE
 ORGANIZED BY DEPT OF PG STUDIES IN SWASTHAVRITTA
 ON THE OCCASION OF WORLD FOOD DAY - 2025
TOPIC: HANDS IN HANDS FOR BETTER FOODS AND A BETTER FUTURE
 On 25-10-2025 11:30 AM, Venue: Yoga Hall

CONVENOR
 Dr Sarbeswar Kar
 PRINCIPAL

CO - CONVENOR
 Dr Rajesh A Udupudi
 DEAN

GUEST SPEAKER
 Dr Shekar Naik R
 Professor & Head

Organizing team
 Dr P Sudhakar Reddy – Professor and HOD
 Dr Sowmya M N – Associate Professor
 Dr Shalini S – Associate Professor
 Dr Vidyashree M – Assistant Professor
 Dr Anusha S – Assistant Professor
 Dr Nirmala A R – Yoga Physician

Department of Food Science & Nutrition
 Yuvaraja College, University of Mysore, Mysuru



On the occasion of World Food Day - 2025, Department of PG studies in Swasthavritta, JSSAMC, Mysuru has organized a Guest Lecture on 25th October at 11.30 am for second year UG students, PG scholars and teaching faculty of the department.

The programme was invoked by Dr. Jyothsna and group, 2nd year PG scholars. Dr. P. Sudhakar Reddy, Prof & Head, Dept of PG studies in Swasthavritta, spoke on the occasion and highlighted the importance of food.

Dr. Shambhavi, 2nd year PG scholar, Dept of PG studies in Swasthavritta, introduced the Guest speaker to the gathering.

Dr. Shekar Naik. R, Professor & Head, Department of Food Science &

Nutrition, Yuvaraja College, University of Mysore, Mysuru was the guest speaker.

Dr. Shekar Naik. R, spoke on the topic "Hands in Hands for better foods and a better future" – It was a very informative and thought provoking session benefitted by more than 45 students.

Dr. Surabhi. S, First Year PG Scholar Department of PG Studies in Swasthavritta rendered the vote of thanks.

Dr. Shivani, Second Year PG Scholar, Department of PG Studies in Swasthavritta mastered the ceremony.

4th Year BAMS Final Exam – RGUHS Results



JSS Mahavidyapeetha
JSS AYURVEDA MEDICAL COLLEGE & HOSPITAL, Mysuru
ACHIEVERS IN OCTOBER 2025 RGUHS EXAMINATIONS – IV BAMS

Overall Total
Distinction
Holders
39

41%
Students
Secured
Distinction

DISTINCTION HOLDERS

 Ms SAPANA SAJEEV KAGALE 88.64%	 Ms SAHANA M D 84.36%	 Ms SYEDA SIMPA JAMEEL 83.55%	 Ms YASHASWINI M 83.45%	 Ms CHANDANA M 83.36%	 Ms SRUSHTI B M 82.82%	 Ms GOWRI H C 82.18%	 Ms MAITRI NARAYAN JOSHI 81.55%
 Ms SONA K 81.09%	 Ms HARSHITHA V KUMAR 81.09%	 Ms SANGEETA 80.91%	 Mr VIRAJ N 80.36%	 Ms KARUNYA C K 80.18%	 Ms RIDHA M 79.91%	 Ms PRIYANKA M 79.82%	 Ms UMADEVI B MUGANURMATH 79.38%
 Ms HADIYA SARVATH 78.91%	 Ms GANAVI T M 78.82%	 Ms SOUNDARYA G 78.73%	 Ms DEEPIKA K S 78.45%	 Ms LEKHANA M R 78.36%	 Ms SAHANA K S 78.27%	 Ms VARSHA D B 77.73%	 Mr NIRUPATHUNGA ARADHYA S 77.64%
 Mr PAVAN PRAJWAL R 77.18%	 Ms TANMAYEE N R 77.09%	 Ms DIVYASHREE Y 77%	 Ms SUDHA 76.55%	 Ms VARSHITHA HS 76.55%	 Ms SHUBHASHREE S 76.45%	 Ms SRISHTI D P 76.18%	 Mr MOHAMMED ADINAN 76%
 Ms ANUSHRI K 75.82%	 Mr PURAN P JAIN 75.64%	 Mr BALAJI G 75.55%	 Ms AISHWARYA M 75.18%	 Ms AMALA SUNIL 75.18%	 Ms AYESHA MUSKAN 75.18%	 Ms ANVITHA G 75%	

STUDENTS NEAR TO DISTINCTION (74 to 75%)

 Ms HARSHITHA R 74.91%	 Ms INCHARA H 74.36%	 Ms AANCHAL P N 74.27%	 Ms ARPITHA RANI A 74.18%	 Ms MAHALAXMI MM 74.18%	 Ms SUDINA J 74.18%
 Ms SUNIDHI HOLLA K S 74.18%	 Ms UMME KULSUM N K 74.18%	 Mr MOHAMMED AFTAB SULTANKHANWAR 74%	 Mr PRAVEEN A 74%		

Subjectwise
Total
Distinctions
191

Subjectwise Total Distinctions
 Kayachikitsa-47 | Panchakarma-42 | Shalya Tantra-42
 Shalakyta Tantra-47 | Research Methodology-13

Total Pass
95.79%

CONGRATULATIONS AND BEST WISHES FROM MANAGEMENT, PRINCIPAL & STAFF